

T H E

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## BREAKFAST

FRESHLY SQUEEZED ORANGE, GRAPEFRUIT,  
SIMPLE FRESH APPLE 5

CHEF'S FRUIT SMOOTHIE DU JOUR 9

EQUINOX GRANOLA PARFAIT WITH BERRIES AND GREEK  
YOGURT 14

SEASONAL FARM STAND FRUITS AND BERRIES 8

BUTTERY CROISSANT, BAGEL, ENGLISH MUFFIN,  
TODAYS MUFFIN 5

ASSORTED COLD CEREALS 6

STEEL CUT OATMEAL 10

COUNTRY BEGINNINGS 16

- TWO FARM FRESH CAGE FREE EGGS SERVED WITH
- ROASTED YUKON POTATO HASH OR GRITS
- APPLEWOOD SMOKED BACON, PORK SAUSAGE,  
COUNTRY HAM OR HOUSE MADE CHICKEN APPLE  
SAUSAGE
- CHOICE OF WHITE, WHOLE WHEAT, CINNAMON RAISIN  
OR RYE TOAST
- \* EGG WHITES & EGG BEATERS AVAILABLE UPON  
REQUEST

CAGE FREE AND LOVING IT OMELETS 15

- CHOICE OF VEGETABLE: FOREST MUSHROOMS, FRESH  
SPINACH,
- SWEET PEPPERS, RED ONION, ROMA TOMATO,  
ASPARAGUS TIPS
- CHOICE OF CHEESE: NY CHEDDAR, VERMONT GOAT,  
WEST RIVER SHEEP FETA, BIG EYE SWISS, MONTEREY  
PEPPER JACK
- CHOICE OF MEAT: APPLEWOOD SMOKED BACON,  
VERMONT COUNTRY HAM, PORK SAUSAGE, CHICKEN  
APPLE SAUSAGE

CHALLAH FRENCH TOAST 12

- MAPLE SYRUP, POWDER SUGAR, WHIPPED BUTTER

TO PLACE A TO GO ORDER

CALL 802-362-4700